

Individual level:

3 options for individuals... choose 1 of:

Mindfulness, or
Three Good Things, or
Looking Forward

Whānau/team/culture/ department level:

2 options for EDs... choose 1 of:

Clinical Event Debriefing, or
Learning from Excellence

INTERVENTION

System level: QILS

Quality Improvement Learning System

Training, coaching for improvement
Skills, knowledge, attitudes

A system for improvement
Build "bottom-up" system

**Engage & empower
frontline staff and consumers to
meaningfully improve work**

QILS4WoWe@NZEDs

Hypothesis:

- Engaging & empowering frontline staff and consumers to meaningfully improve work will reduce burnout & improve wellbeing in NZ EDs

Intervention: 3 levels

- Individual, Whānau, System

Start:

- 4 EDs start March 2023
- 4 EDs start March 2024

LCG: Local Champions Group.

- 5 members
- Nurse+/-Doctor+/-Mana Whenua+/-Consumer+/-Other ED Staff
- Will drive improvements in their ED, with support from investigators and nation-wide collegial network

Measures:

Burnout, Engagement, Wellbeing, etc.

Funding

Career Development Award HRC22/048
A+ Trust.7782

Ethics Pending

HDEC application no: 13561



Want more info?

Please contact Mike
rmicholls@adhb.govt.nz
www.woweated.com



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Investigators



MEDICAL AND
HEALTH SCIENCES

